

## Catholic Prayers

### Our Father

Our Father,  
Who art in heaven,  
Hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses  
As we forgive those who trespass against us;  
And lead us not into temptation,  
But deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace. The Lord is with thee.  
Blessed art thou amongst women,  
And blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
Pray for us sinners,  
Now and at the hour of our death. Amen.

### Glory Be (Doxology)

Glory be to the Father,  
And to the Son,  
And to the Holy Spirit,  
As it was in the beginning,  
Is now, and ever shall be,  
World without end. Amen.

### Prayer to Saint Michael the Archangel

Saint Michael, the Archangel, defend us in battle.  
Be our protection against the wickedness and snares of the devil.  
May God rebuke him, we humbly pray;  
And do thou, O Prince of the heavenly host,  
By the power of God  
Cast into hell Satan and all the evil spirits  
Who prowl throughout the world seeking the ruin of souls. Amen.

### Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all my sins  
because of your just punishment. But most of all because I have offended you, my  
God, who are all good and deserving of all my love. I firmly resolve, with the help of  
your grace, to sin no more and to avoid the near occasion of sin. Amen.

### Angel of God

Angel of God, my Guardian dear, to whom God's love commits me here, ever this day  
Be at my side, to light and guard, to rule and guide. Amen.

#### Prayer Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy  
bounty, through Christ our Lord. Amen.

#### The Nicene Creed

I believe in one God,  
The Father almighty,  
Maker of heaven and earth,  
Of all things visible and invisible.

I believe in one Lord Jesus Christ,  
The Only Begotten Son of God,  
Born of the Father before all ages.  
God from God, Light from Light,  
True God from true God,  
Begotten, not made, consubstantial with the Father;  
Through him all things were made.  
For us men and for our salvation  
He came down from heaven,  
And by the Holy Spirit was incarnate of the Virgin Mary,  
And became man.  
For our sake he was crucified under Pontius Pilate,  
He suffered death and was buried,  
And rose again on the third day  
In accordance with the Scriptures.  
He ascended into heaven  
And is seated at the right hand of the Father.  
He will come again in glory  
To judge the living and the dead  
And his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
Who proceeds from the Father and the Son,  
Who with the Father and the Son is adored and glorified,  
Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

#### Apostle's Creed

I believe in God,

The Father almighty,  
Creator of heaven and earth,  
And in Jesus Christ, his only Son, our Lord,  
Who was conceived by the Holy Spirit,  
Born of the Virgin Mary,  
Suffered under Pontius Pilate,  
Was crucified, died and was buried;  
He descended into hell;  
On the third day he rose again from the dead;  
He ascended into heaven,  
And is seated at the right hand of God the Father almighty;  
From there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
The holy Catholic Church,  
The communion of saints,  
The forgiveness of sins,  
The resurrection of the body,  
And life everlasting.  
Amen.

#### Hail Holy Queen

Hail, Holy Queen, Mother of mercy,  
Our life, our sweetness and our hope.  
To thee do we cry, poor banished children of Eve:  
To thee do we send up our sighs,  
Mourning and weeping in this valley of tears.  
Turn then, most gracious Advocate,  
Thine eyes of mercy toward us,  
And after this our exile,  
Show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary!  
Pray for us, O Holy Mother of God,  
That we may be made worthy of the promises of Christ. Amen.

#### The Angelus

V- The Angel of the Lord declared unto Mary.  
R- And she conceived by the Holy Spirit. (Hail Mary....)  
V- Behold the handmaid of the Lord.  
R- Be it done unto me according to thy word. (Hail Mary....)  
V- And the Word was made Flesh.  
R- And dwelt among us. (Hail Mary....)  
V- Pray for us, O Holy Mother of God.  
R- That we may be made worthy of the promises of Christ.  
Let Us Pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we  
to whom the Incarnation of Christ, Thy Son, was made known by the message of an

Angel, may by His Passion and Cross, be brought to the glory of His Resurrection through the same Christ our Lord. Amen.